April 2024 | Issue No.5





Rings for your beloved

engagement | wedding | anniversary | celebration

For someone special

Orange sapphire in its chunky ensemble adorned with baguettes and round brilliant diamonds.







DeRocks
TRADING PTE LTD

Tel: 6222 6818 Fax: 6224 5851 | Email: izik@derocks.com.sg
Website: www.derocks.com.sg (password : exgrade) | 10 Anson Road,#21-13 International Plaza



Editor-in-Chief
Melvin Tan

Managing Editor
Sharon Tan

Content Director
Archana Satheesh

Art Direction
Beatrice Sim

Photographers
Goh Chew Lin, Nizam Mushadat

CONTRIBUTORS



Sharon Tan
Co-organiser to event bringing you results in real-time through her digital expertise



Melvin Tan
Co-organiser to the established event, working in and out behind-the-scenes



Ralf Lepehne
Renowned coach, writer and lecturer contributes his take on the Art of Practice

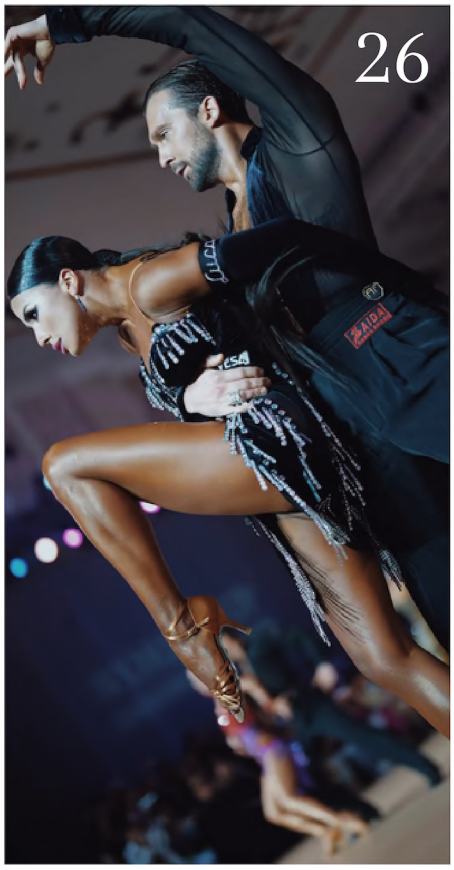


Archana Satheesh
Our newly minted writer who interviews our guest stars for this rendition of Brillante

5th Brillante

IN THIS ISSUE

Get to know the ins-and-outs of how the adjudicators, dancers, and performance artistes feel about Brillante. Find out what our sponsors stand for and learn how our dance community is getting on as one in Singapore.



Interview with Pasha & Polina



The Art of Practice by Ralf Lepehne



Interview with Andrei & Nino

PAGES

5th Brillante

4 **ORGANISER'S MESSAGE**
A joyful and heartfelt message to mark the return of Brillante

5 **ADJUDICATORS**
Meet our esteemed panel from all around the world

7 **DAY PROGRAMME**
From 6:30 am to 5:00 pm

14 **NIGHT PROGRAMME**
From 6:00 pm to 11:30 pm

15 **THE MAKING OF TDA CHAMPIONSHIPS**
How all students regardless of association are important to us

18 **INSIGHTS FROM RALF LEPEHNE**
The Art of Practice

21 **INTERVIEW WITH ANDREI & NINO**
Andrei Kozlovsky & Nino Dzneladze

26 **INTERVIEW WITH PAVEL & POLINA**
Pavel Zvychaynyy & Polina Teleshova

FROM *THE* ORGANISERS



BIGGER. BETTER. BOLDER.

It gives us great pleasure to welcome you to the **5th Brillante International DanceSport Championship 2024**. Brillante International has become a synonym for high quality, fair and unique competition for all who attend. We are heartened by the support received from all our friends and colleagues in our industry and we vow to continuously improve and challenge ourselves to provide this unique and brilliant experience to all.

It has been 4 years since our last Brillante Championship. As we bring back Brillante for the first time since the pandemic, we wanted it to be different from before. With each event, we wanted to better ourselves in delivering the unique experience to our audience and participants. Hence, a themed night event combined with world class show dancing is created. This year, we are honoured to have not just one, but two pairs of formidable artistes performing tonight. Be mesmerised by the grace and prowess of both couples - Andrei Kozlovsky & Nino Dzneladze, as well as Pavel Zvychaynyy & Polina Teleshova - as they showcase a series of dances befitting the title *Clash of the Giants!*

Last but not least, we have organised this event to be the most prestigious, innovative and forward thinking competition in Singapore, to bring our competitors and the audience an experience that they cannot find anywhere else - and all that in the center of Singapore, in this beautiful ballroom in the iconic Marina Bay Sands.

Organising a large scale competition is a daunting task, and we are deeply grateful to our committee members, family and friends. This Championship is only possible with their wonderful efforts! We would also like to thank all our sponsors, Derocks, Greenbay Marine, Brillante Events, DancePassion, and Marina Bay Sands for your invaluable support.

To all competitors sharing our common passion, we wish you an enjoyable experience. We hope this Championship will bring you unforgettable memories and inspire the next generation of dancers. And to all guests, we hope to bring you an exciting night. Once again, we welcome you to our 5th Brillante International DanceSport Championship 2024.

Melvin and Sharon

introducing

OUR ADJUDICATORS



Dirk Bastert
Germany



Paul Green
Australia



Luka Fanni
Italy



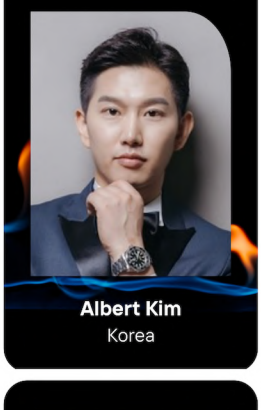
Uapan Snidvongs
Thailand



Shinsuke Kanemitsu
Japan



Tamai Hidetaka
Japan



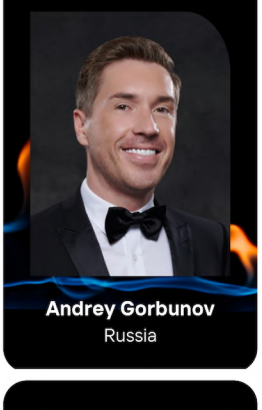
Albert Kim
Korea



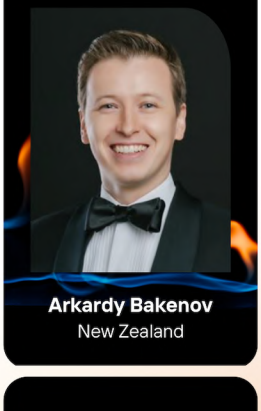
Vincent Wang
China



Allen Wen
China



Andrey Gorbunov
Russia



Arkardy Bakenov
New Zealand



Anthony Price
United Kingdom



Nguyen Giang Chau
Vietnam



Erwan Phanjaya
Indonesia



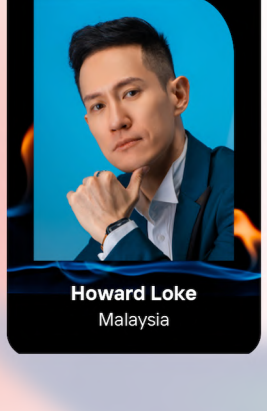
Dwi Baktiawan
Indonesia



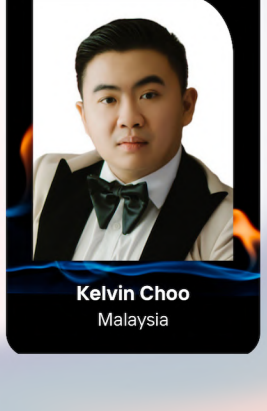
Denise Bunayog
Philippines



Jackson Yong
Malaysia



Howard Loke
Malaysia



Kelvin Choo
Malaysia



Melvyn Low
Singapore

introducing

OUR ADJUDICATORS



Andre de Silva
Singapore



Louis Ng
Singapore



Jonathan Gan
Singapore



Ekaterina Barulina
Russia



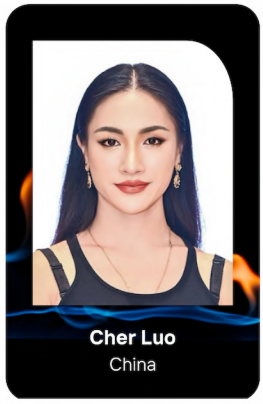
Karla Gerbes
Australia



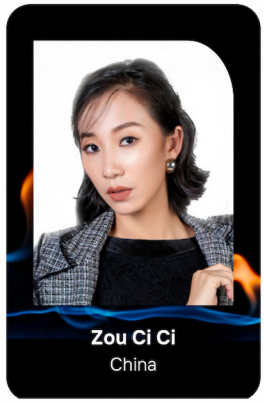
Atsuko Fukazawa
Japan



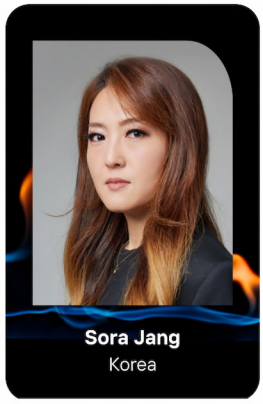
Nami Shoji
Japan



Cher Luo
China



Zou Ci Ci
China



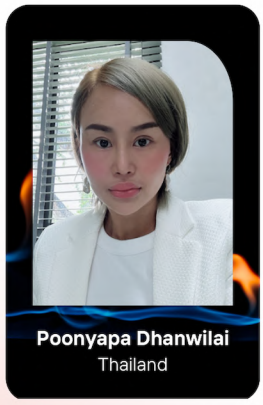
Sora Jang
Korea



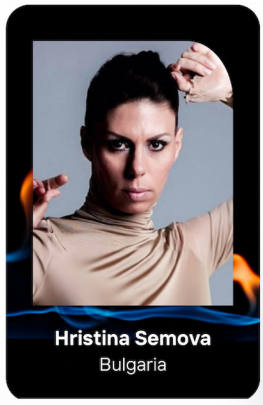
Janet Hsiao
Taiwan



Jenevieve Camacho
Philippines



Poonyapa Dhanwilai
Thailand



Hristina Semova
Bulgaria



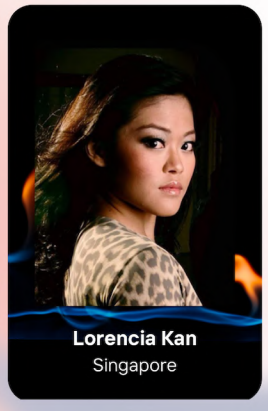
Oleysa Eremeeva
Singapore



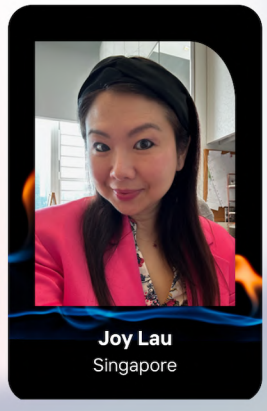
Agnes Ang
Singapore



Alice Teo
Singapore



Lorencia Kan
Singapore



Joy Lau
Singapore



Aurelia Hong
Singapore

Day PROGRAMME

5th Brillante
INTERNATIONAL DANCESPORT CHAMPIONSHIP

6:30		**DOOR OPEN**
7:15		**ADJUDICATOR'S BRIEFING / LINE UP OF COMPETITORS**
7:30		**SEGMENT 1 - STANDARD SOLO EVENTS**
7:30	1	Final Standard Solo Beginner 7 - W
7:32	2A	Shared Floor 2A Final Standard Solo Beginner 9 - W
7:32	2B	Shared Floor 2B Final Standard Solo Open 16 - W
7:34	3A	Shared Floor 3A Final Standard Solo Open 16 - T
7:34	3B	Shared Floor 3B Final Standard Solo Beginner 9 - T
7:36	4A	Shared Floor 4A Final Standard Solo Beginner 9 - VW
7:36	4B	Shared Floor 4B Final Standard Solo Open 16 - VW
7:38	5A	Shared Floor 5A Final Standard Solo Open 12 - SF
7:38	5B	Shared Floor 5B Final Standard Solo Open 16 - SF
7:40	6A	Shared Floor 6A Final Standard Solo Beginner 9 - Q
7:40	6B	Shared Floor 6B Final Standard Solo Open 16 - Q
7:42	7A	Shared Floor 7A Final Standard Solo Beginner 21 - W
7:42	7B	Shared Floor 7B Final Standard Solo Open 12 - W
7:44	8A	Shared Floor 8A Final Standard Solo Beginner 21 - T
7:44	8B	Shared Floor 8B Final Standard Solo Open 12 - T
7:46	9A	Shared Floor 9A Final Standard Solo Beginner 21 - VW
7:46	9B	Shared Floor 9B Final Standard Solo Open 12 - VW
7:48	10A	Shared Floor 10A Final Standard Solo Beginner 21 - Q
7:48	10B	Shared Floor 10B Final Standard Solo Open 12 - Q
7:50	11	Final Standard Solo Beginner 12 - W
7:52	12	Final Standard Solo Open Adult - W
7:54	13A	Shared Floor 13A Final Standard Solo Beginner 12 - T
7:54	13B	Shared Floor 13B Final Standard Solo Open Adult - T
7:56	14A	Shared Floor 14A Final Standard Solo Beginner 12 - VW
7:56	14B	Shared Floor 14B Final Standard Solo Open Adult - VW
7:58	15A	Shared Floor 15A Final Standard Solo Beginner 12 - SF
7:58	15B	Shared Floor 15B Final Standard Solo Open Adult - SF
8:00	16A	Shared Floor 16A Final Standard Solo Beginner 12 - Q
8:00	16B	Shared Floor 16B Final Standard Solo Open Adult - Q
8:02		**PRIZE PRESENTATION FOR SEGMENT 1 IN THE COMPETITOR'S HALL**
8:10		**SEGMENT 2 - LATIN SOLO BEGINNERS AND SOLO OPEN QUALIFYING ROUNDS**

Day PROGRAMME

5th Brillante
INTERNATIONAL DANCESPORT CHAMPIONSHIP

8:10	**17 ➤ 33**	1st Round Latin Solo Beginner 12 - C
8:14	**18 ➤ 29**	1st Round Latin Solo Open 21 - C
8:18	**19 ➤ 37**	1st Round Latin Solo Open 16 - C
8:22	**20 ➤ 38**	1st Round Latin Solo Open 16 - S
8:26	**21 ➤ 39**	1st Round Latin Solo Open 16 - R
8:30	**22 ➤ 40**	1st Round Latin Solo Open 16 - J
8:34	**23 ➤ 43A**	Quarter-Final Latin Solo Beginner 9 - C
8:36	**24 ➤ 46A**	Quarter-Final Latin Solo Beginner 9 - J
8:38	**25 ➤ 43B**	Quarter-Final Latin Solo Open 12 - C
8:40	**26 ➤ 44B**	Quarter-Final Latin Solo Open 12 - S
8:42	**27 ➤ 45B**	Quarter-Final Latin Solo Open 12 - R
8:44	**28 ➤ 46B**	Quarter-Final Latin Solo Open 12 - J
8:46	**29 ➤ 51B**	Quarter-Final Latin Solo Open 21 - C
8:48	**30 ➤ 52B**	Quarter-Final Latin Solo Open 21 - S
8:50	**31 ➤ 53B**	Quarter-Final Latin Solo Open 21 - R
8:52	**32 ➤ 55B**	Quarter-Final Latin Solo Open 21 - J
8:54	**33 ➤ 68A**	Quarter-Final Latin Solo Beginner 12 - C
8:56	**34 ➤ 69A**	Quarter-Final Latin Solo Beginner 12 - S
8:58	**35 ➤ 70A**	Quarter-Final Latin Solo Beginner 12 - R
9:00	**36 ➤ 72A**	Quarter-Final Latin Solo Beginner 12 - J
9:02	**37 ➤ 68B**	Quarter-Final Latin Solo Open 16 - C
9:04	**38 ➤ 69B**	Quarter-Final Latin Solo Open 16 - S
9:06	**39 ➤ 70B**	Quarter-Final Latin Solo Open 16 - R
9:08	**40 ➤ 72B**	Quarter-Final Latin Solo Open 16 - J
9:10	**41 ➤ 78**	Quarter-Final Latin Solo Open Adult - C
9:12	**42 ➤ 80**	Quarter-Final Latin Solo Open Adult - R
9:14	**43A ➤ 47A**	Semi-Final Latin Solo Beginner 9 - C
9:14	**43B ➤ 47B**	Semi-Final Latin Solo Open 12 - C
9:16	**44A ➤ 48A**	Semi-Final Latin Solo Beginner 9 - S
9:16	**44B ➤ 48B**	Semi-Final Latin Solo Open 12 - S
9:18	**45A ➤ 49A**	Semi-Final Latin Solo Beginner 9 - R
9:18	**45B ➤ 49B**	Semi-Final Latin Solo Open 12 - R
9:20	**46A ➤ 50A**	Semi-Final Latin Solo Beginner 9 - J
9:20	**46B ➤ 50B**	Semi-Final Latin Solo Open 12 - J

Day PROGRAMME

5th Brillante
INTERNATIONAL DANCESPORT CHAMPIONSHIP

9:22	**47A**	Final Latin Solo Beginner 9 - C
9:22	**47B**	Final Latin Solo Open 12 - C
9:24	**48A**	Final Latin Solo Beginner 9 - S
9:24	**48B**	Final Latin Solo Open 12 - S
9:26	**49A**	Final Latin Solo Beginner 9 - R
9:26	**49B**	Final Latin Solo Open 12 - R
9:28	**50A**	Final Latin Solo Beginner 9 - J
9:28	**50B**	Final Latin Solo Open 12 - J
9:30	**51A ➤ 56A**	Semi-Final Latin Solo Beginner 16 - C
9:30	**51B ➤ 56B**	Semi-Final Latin Solo Open 21 - C
9:32	**52A ➤ 57A**	Semi-Final Latin Solo Beginner 16 - S
9:32	**52B ➤ 57B**	Semi-Final Latin Solo Open 21 - S
9:34	**53A ➤ 58A**	Semi-Final Latin Solo Beginner 16 - R
9:34	**53B ➤ 58B**	Semi-Final Latin Solo Open 21 - R
9:36	**54 ➤ 59B**	Semi-Final Latin Solo Open 21 - PD
9:38	**55A ➤ 60A**	Semi-Final Latin Solo Beginner 16 - J
9:38	**55B ➤ 60B**	Semi-Final Latin Solo Open 21 - J
9:40	**56A**	Final Latin Solo Beginner 16 - C
9:40	**56B**	Final Latin Solo Open 21 - C
9:42	**57A**	Final Latin Solo Beginner 16 - S
9:42	**57B**	Final Latin Solo Open 21 - S
9:44	**58A**	Final Latin Solo Beginner 16 - R
9:44	**58B**	Final Latin Solo Open 21 - R
9:46	**59A**	Final Latin Solo Open 12 - PD
9:46	**59B**	Final Latin Solo Open 21 - PD
9:48	**60A**	Final Latin Solo Beginner 16 - J
9:48	**60B**	Final Latin Solo Open 21 - J
9:50	**61A ➤ 64A**	Semi-Final Latin Solo Beginner 7 - C
9:50	**61B ➤ 64B**	Semi-Final Latin Solo Open 9 - C
9:52	**62 ➤ 66B**	Semi-Final Latin Solo Open 9 - R
9:54	**63 ➤ 67B**	Semi-Final Latin Solo Open 9 - J
9:56	**64A**	Final Latin Solo Beginner 7 - C
9:56	**64B**	Final Latin Solo Open 9 - C
9:58	**65A**	Final Latin Solo Beginner 7 - S
9:58	**65B**	Final Latin Solo Open 9 - S

Day PROGRAMME

5th Brillante
INTERNATIONAL DANCESPORT CHAMPIONSHIP

10:00	**66A**	Final Latin Solo Beginner 7 - R
10:00	**66B**	Final Latin Solo Open 9 - R
10:02	**67A**	Final Latin Solo Beginner 7 - J
10:02	**67B**	Final Latin Solo Open 9 - J
10:04	**68A ➤ 73A**	Semi-Final Latin Solo Beginner 12 - C
10:04	**68B ➤ 73B**	Semi-Final Latin Solo Open 16 - C
10:06	**69A ➤ 74A**	Semi-Final Latin Solo Beginner 12 - S
10:06	**69B ➤ 74B**	Semi-Final Latin Solo Open 16 - S
10:08	**70A ➤ 75A**	Semi-Final Latin Solo Beginner 12 - R
10:08	**70B ➤ 75B**	Semi-Final Latin Solo Open 16 - R
10:10	**71 ➤ 76B**	Semi-Final Latin Solo Open 16 - PD
10:12	**72A ➤ 77A**	Semi-Final Latin Solo Beginner 12 - J
10:12	**72B ➤ 77B**	Semi-Final Latin Solo Open 16 - J
10:14	**73A**	Final Latin Solo Beginner 12 - C
10:14	**73B**	Final Latin Solo Open 16 - C
10:16	**74A**	Final Latin Solo Beginner 12 - S
10:16	**74B**	Final Latin Solo Open 16 - S
10:18	**75A**	Final Latin Solo Beginner 12 - R
10:18	**75B**	Final Latin Solo Open 16 - R
10:20	**76A**	Final Latin Solo Open 9 - PD
10:20	**76B**	Final Latin Solo Open 16 - PD
10:22	**77A**	Final Latin Solo Beginner 12 - J
10:22	**77B**	Final Latin Solo Open 16 - J
10:24	**78 ➤ 82B**	Semi-Final Latin Solo Open Adult - C
10:26	**79 ➤ 83B**	Semi-Final Latin Solo Open Adult - S
10:28	**80 ➤ 84B**	Semi-Final Latin Solo Open Adult - R
10:30	**81 ➤ 86B**	Semi-Final Latin Solo Open Adult - J
10:32	**82A**	Final Latin Solo Beginner Adult - C
10:32	**82B**	Final Latin Solo Open Adult - C
10:34	**83A**	Final Latin Solo Beginner Adult - S
10:34	**83B**	Final Latin Solo Open Adult - S
10:36	**84A**	Final Latin Solo Beginner Adult - R
10:36	**84B**	Final Latin Solo Open Adult - R
10:38	**85A**	Final Latin Solo Beginner Adult - PD
10:38	**85B**	Final Latin Solo Open Adult - PD

Day PROGRAMME

5th Brillante
INTERNATIONAL DANCESPORT CHAMPIONSHIP

10:40	**86A**	Final Latin Solo Beginner Adult - J
10:40	**86B**	Final Latin Solo Open Adult - J
10:42	**87**	Final Latin Juvenile 12 Yrs and Below A
10:46	**88**	Final Latin Juvenile 12 Yrs and Below B
10:50		**PRIZE PRESENTATION FOR SEGMENT 2 IN THE COMPETITOR'S HALL**
11:00		**SEGMENT 3 - STANDARD COUPLE EVENTS**
11:00	**89 ➤ 97**	Semi-Final Standard Adult Over-35
11:07	**90A**	Final Standard Novice A
11:07	**90B**	Final Standard Combined Age Over 70 A
11:11	**91 ➤ 104**	Semi-Final Standard Adult Over-45
11:17	**92**	Final Standard Novice B
11:20	**93**	Final Standard Adult Over-55
11:24	**94A**	Final Standard Beginners - W
11:24	**94B**	Final Standard Teacher-Student Waltz
11:24	**94C**	Final Standard Pro-Am Waltz
11:26	**95**	Final Standard Pre-Amateur
11:32	**96A**	Final Standard Beginners - T
11:32	**96B**	Final Standard Teacher-Student Tango
11:32	**96C**	Final Standard Pro-Am Tango
11:34	**97**	Final Standard Adult Over-35
11:41	**98A**	Final Standard Beginners - VW
11:41	**98B**	Final Standard Pro-Am Viennese Waltz
11:43	**99A**	Final Standard Combined Age Over 70 B
11:43	**99B**	Final Standard Combined Age Over 90 B
11:47	**100A**	Final Standard Teacher-Student 3-Dance
11:47	**100B**	Final Standard Pro-Am 3-Dance
11:53	**101**	Final Standard Amateur Rising Star
12:00	**102**	Final Standard Combined Age Over 120 A
12:04	**103A**	Final Standard Teacher-Student 2-Dance
12:04	**103B**	Final Standard Pro-Am 2-Dance
12:08	**104**	Final Standard Adult Over-45
12:14	**105A**	Final Standard Beginners - Q
12:14	**105B**	Final Standard Teacher-Student Quickstep
12:14	**105C**	Final Standard Pro-Am Quickstep
12:16	**106**	Final Standard Combined Age Over 90 A

Day PROGRAMME

5th Brillante
INTERNATIONAL DANCESPORT CHAMPIONSHIP

12:19	**107**	Final Standard Amateur South East Asia
12:29	**108A**	Final Standard Beginners - SF
12:29	**108B**	Final Standard Teacher-Student Slow Foxtrot
12:29	**108C**	Final Standard Pro-Am Slow Foxtrot
12:31	**109A**	Final Standard Teacher-Student 4-Dance
12:31	**109B**	Final Standard Combined Age Over 120 B
12:38	**110**	Final Standard Pro-Am 4-Dance
12:46	**111**	Final Standard Amateur Asia Pacific
12:55	**112A**	Final Standard Teacher-Student 5-Dance
12:55	**112B**	Final Standard Professional Rising Star
13:05	**113**	Final Standard Pro-Am 5-Dance
13:14		**PRIZE PRESENTATION FOR SEGMENT 3 IN THE COMPETITOR'S HALL**
13:14		**BREAK**
13:30		**SEGMENT 4 - LATIN PARTNER EVENTS**
13:30	**114 ➤ 132**	Semi-Final Latin Amateur South East Asia
13:40	**115 ➤ 122**	Quarter-Final Latin Pre-Amateur
13:51	**116 ➤ 134A**	Semi-Final Latin Beginner Cha Cha
13:53	**117 ➤ 128C**	Semi-Final Latin Beginner Rumba
13:55	**118A**	Final Latin Teacher-Student 4-Dance
13:55	**118B**	Final Latin Pro-Am 4-Dance
13:55	**118C**	Final Latin Junior
14:03	**119 ➤ 127**	Quarter-Final Latin Amateur Rising Star
14:18	**120 ➤ 135**	Semi-Final Latin Novice A
14:22	**121A**	Final Latin All-Girls A
14:22	**121B**	Final Latin Teacher-Student Jive
14:22	**121C**	Final Latin Beginner Jive
14:26	**122 ➤ 131**	Semi-Final Latin Pre-Amateur
14:31	**123 ➤ 138**	Semi-Final Latin Amateur Asia Pacific
14:50	**124**	Final Latin All-Girls B
14:54	**125A**	Final Latin Teacher-Student 2-Dance
14:54	**125B**	Final Latin Pro-Am 2-Dance
14:58	**126 ➤ 139A**	Semi-Final Latin Novice B
15:02	**127 ➤ 136**	Semi-Final Latin Amateur Rising Star
15:09	**128A**	Final Latin Combined Age Over 90 A
15:09	**128B**	Final Latin Teacher-Student Rumba

Day PROGRAMME

5th Brillante
INTERNATIONAL DANCESPORT CHAMPIONSHIP

15:09	**128C**	Final Latin Beginner Rumba
15:13	**129A**	Final Latin Teacher-Student 3-Dance
15:13	**129B**	Final Latin Pro-Am 3-Dance
15:19	**130A**	Final Latin Adult Over-35
15:19	**130B**	Final Latin Youth
15:26	**131**	Final Latin Pre-Amateur
15:32	**132**	Final Latin Amateur South East Asia
15:42	**133**	Final Latin Combined Age Over 90 B
15:45	**134A**	Final Latin Beginner Cha Cha
15:45	**134B**	Final Latin Teacher-Student Cha Cha
15:47	**135**	Final Latin Novice A
15:51	**136**	Final Latin Amateur Rising Star
15:59	**137A**	Final Latin Beginner Samba
15:59	**137B**	Final Latin Pro-Am Samba
16:01	**138**	Final Latin Amateur Asia Pacific
16:10	**139A**	Final Latin Novice B
16:10	**139B**	Final Latin Combined Age Over 70 A
16:10	**139C**	Final Latin Combined Age Over 120 A
16:14	**140A**	Final Latin Pro-Am 5-Dance
16:14	**140B**	Final Latin Adult Over-45
16:23	**141**	Final Latin Professional Rising Star
16:33	**142 ➤ 144**	Quarter-Final Latin Amateur Open
16:52		**PRIZE PRESENTATION FOR SEGMENT 4 IN THE COMPETITOR'S HALL**
17:00		**END OF DAY PROGRAMME**

Night PROGRAMME

5th Brillante
INTERNATIONAL DANCESPORT CHAMPIONSHIP

18:00	**START OF NIGHT PROGRAMME** **ARRIVAL OF GUESTS**	
18:30	Quarter-Final Latin Professional Open	C, S, R, PD, J
18:50	Semi-Final Latin Amateur Open	C, S, R, PD, J
19:00	Semi-Final Standard Professional Asia Pacific	W, T, VW, SF, Q
19:10	Semi-Final Latin Professional Asia Pacific	C, S, R, PD, J
19:30	**WELCOME SPEECH**	
19:35	**DINNER IS SERVED**	
19:40	**INTRODUCTION OF ADJUDICATORS & SCRUTINEERS**	
20:00	**SPECIAL GUEST PERFORMANCE**	
20:05	Semi-Final Standard Professional Open	W, T, VW, SF, Q
20:15	Semi-Final Latin Professional Open	C, S, R, PD, J
20:25	Final Standard Professional Asia Pacific	W, T, VW, SF, Q
20:35	**SPECIAL GUEST PERFORMANCE**	
20:40	**GENERAL DANCING**	
20:55	**GUEST ARTISTE PERFORMANCE**	
21:05	Final Latin Professional Asia Pacific	C, S, R, PD, J
21:15	Final Standard Professional Open	W, T, VW, SF, Q
21:30	Final Latin Amateur Open	C, S, R, PD, J
21:45	**GENERAL DANCING**	
22:00	**GUEST ARTISTE PERFORMANCE**	
22:10	Final Standard Amateur Open	W, T, VW, SF, Q
22:25	Final Latin Professional Open	C, S, R, PD, J
22:40	**PRIZE PRESENTATION IV**	
22:50	**HONOUR DANCE PERFORMANCE (PROFESSIONAL OPEN)**	
22:55	**GUEST ARTISTE PERFORMANCE**	
23:10	**GENERAL DANCING**	
23:30	**TILL WE MEET AGAIN**	

Download the App

DANCESPORT CHAMPIONSHIPS



Never miss your competitions!

Free for all the use/
Premium Add-ons

Visit us online

Catch the freshest features
Updated daily
Read anytime, anywhere



Bespoke Habitat™

A Shared Space to Live Play & Work

Welcome to

Bespoke Habitat™

A Room Rental And Shared Space Co-living Specialist.



Services Inclusive

- Utilities
- Wifi
- Flexible Duration
- Fully Furnished
- Cleaning

Discover a unique shared living experience in modern apartments that come with a full suite of amenities. Enjoy a hassle-free lifestyle with utilities, wifi and weekly cleaning included in your rent.

Reach out to us to refer!

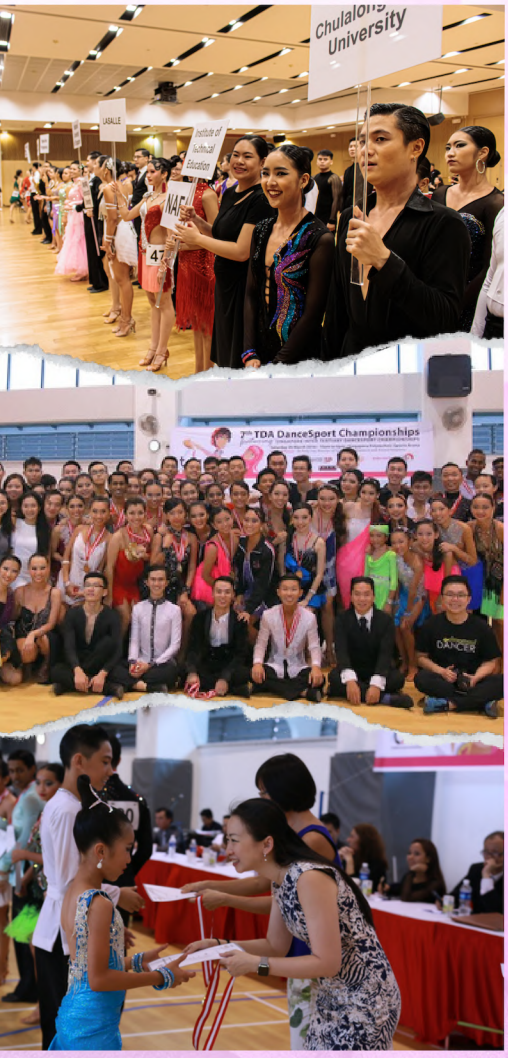
+65 8495 5848
+65 8829 6682

CONTACT US NOW

VISIT OUR WEBSITE

bespokehabitat.com.sg

DANCESPORT CHAMPIONSHIPS FOR TERTIARY INSTITUTIONS



Starting from the various DanceSport programs the institutions offer to their students, we wanted to bring together the DanceSport athletes in the Tertiary Institutions and give them a platform to compete against one another in friendly competition, regardless of their association.

We believe that there should be independent competitions that are open to any participant. This opens the opportunity to compete with a large pool of dancers in Singapore, which is important to create an environment that allows the identification of top talent as well as an opportunity for the beginners to better themselves.

To make this vision a reality, the **TDA DanceSport Championships, featuring the Singapore Inter-Tertiary DanceSport Championships,** was created. Now in its 9th year, the TDA DanceSport Championships have grown into the largest Inter-Tertiary DanceSport competition in Singapore, with competitors from up to 8 Tertiary Institutions vying for the top spot.









The inaugural TDA DanceSport Championship was launched in July 2010 at the Ngee Ann Polytechnic Convention Centre, with participation from five Institutions. The event consisted of Tertiary Closed Events that provide young dance students from the various schools in Singapore to compete and vie for the title of "Tertiary Champion".

This Championship series was co-organised by Ang Mo Kio Community Centre Women's Executive Committee, and has been graced by illustrious Guests of Honor, such as Dr Amy Khor, Mr Seng Han Thong and Mr Yam Ah Mee.

Since then, the TDA Championship series has evolved into an established national DanceSport competition with more than 300 local competitors.

Already into the 12th series of event, the TDA Championship has been steadily growing over the years with additions of new events to cater to a larger base of competitors. From the Tertiary Closed to Open Amateur and Junior events, the TDA Championship series has events for those who are new to the sport as well as the more experienced dancers.

To further our vision of developing the DanceSport scene in Singapore, we supported Jalan Kayu Community of Arts & Culture Club and Jalan Kayu Community Sports Club in the inaugural 1st PassionArts DanceSport Championships 2013. We aimed to bring the beauty of DanceSport to the grassroots and were honoured to have Prime Minister Lee Hsien Loong, Grassroots Advisers to Ang Mo Kio GROs Dr Intan Azura Mokhtar, Mr Yeo Guat Kwang, Dr Lam Pin Min, and People's Association Chief Executive Director Mr Ang Hak Seng, BBM as our guests-of-honour. This Championship was met with great response and was so successful that we brought it back to the grassroots in the following years.



As pioneers in organising Inter-Tertiary Championships, we are pleased to note that our efforts have created huge interest amongst the youth. It is without doubt that we will continue to collaborate with more tertiaries to continue our successes. None of this would be possible without the support of the DanceSport Instructors and Administrators and their respective DanceSport Clubs.

Both series, TDA and PassionArts, aimed at developing youth DanceSport Athletes through competition exposure, will continue to elevate the sport through competitions at an Inter-Varsity level and ultimately hone the next generation of DanceSport Athletes for Singapore.



13th tda DanceSport Championship

featuring **INTER-TERTIARY DANCESPORT CHAMPIONSHIP 2024**



Mark Your Calendar!

DATE

14 SEPTEMBER 2024

SATURDAY

VENUE

REPUBLIC POLYTECHNIC

AGORA HALL

CONTACT

6440 3303

tda@thedancesportacademy.com

Follow us on FB or IG for more information soon!

art of Practice

by Ralf Lepehne



World Latin Show Dance Champion

World British Open & European Professional Latin Grand Finalist

9 Times German Professional Latin Champion

World renowned Coach, Lecturer and Adjudicator

The art of practice in Latin and Ballroom dancing mirrors a carefully choreographed dance. Beyond time constraints, it's about deliberate repetition, shaping both skill and muscle memory. Each rehearsed step is a brushstroke on the canvas of mastery, creating a portrait of dedication and precision. True excellence emerges from the harmonious repetition that etches the dance into the very being of the dancers.

Perfecting Latin American dance movements requires a blend of precision and passion. Begin by breaking down each step into manageable components. Focus on mastering the basic footwork, hip movements, and posture. Repetition is key; practice individual steps until they become second nature.

Utilize mirrors to observe your form and ensure authenticity in your movements. Incorporate music with the distinct beats of Latin rhythms to synchronize your steps. Gradually increase the tempo as you gain confidence.

Partner work is crucial. Practice leading or following with a dance partner to enhance connection and coordination. Communication through touch is an integral part of Latin dance, emphasizing the importance of synergy.

Film yourself dancing to review and refine your technique. Seek feedback from experienced dancers or instructors to identify areas for improvement. Embrace the passion of Latin dance, infusing each practice session with energy and enthusiasm.

In the art of practice dancing, finding yourself is akin to discovering a unique rhythm within the movements. It's about connecting with the music, feeling the beat resonate in your core, and allowing your body to express the emotions embedded in each step.

As you practice, embrace the dance as a form of self-discovery. Pay attention to the nuances of your movements, discovering what feels most authentic to you. It's not just about mastering the steps but infusing them with your personality and style.

art of Practice

Film yourself dancing to review and refine your technique. Seek feedback from experienced dancers or instructors to identify areas for improvement. Embrace the passion of Latin dance, infusing each practice session with energy and enthusiasm.

In the art of practice dancing, finding yourself is akin to discovering a unique rhythm within the movements. It's about connecting with the music, feeling the beat resonate in your core, and allowing your body to express the emotions embedded in each step.

As you practice, embrace the dance as a form of self-discovery. Pay attention to the nuances of your movements, discovering what feels most authentic to you. It's not just about mastering the steps but infusing them with your personality and style.

In the repetition, find a meditative space where the dance becomes a conversation between your body and the music. Lose yourself in the flow, allowing the steps to become an extension of your being. Through this immersive practice, you not only refine your technique but also unearth a profound connection to the art of dance that is uniquely yours.



Art of Practice

dissect
repeat
focus
review

BINTAN DANCE EDUCATIONAL WORKSHOP

16-18 & 20-22 APRIL 2024



Lectures & Short Talks · Yoga for Dancers · Coached Practice · Private Lessons

Main Teachers


Ralf Lepehne


Carmen


Ruud Vermeij


Slavik Kryklyvyy


Arunas Bizokas

Guest Teacher


Brigitt Mayer

in collaboration with

Indofood THE SYMBOL OF QUALITY FOODS

NIRWANA GARDENS

Andrei & Nino



By Archana Satheesh

LEARN FROM THE WORDS OF EXPERIENCE OF ACCLAIMED DUO, ANDREI KOZLOVSKY AND NINO DZNELADZE

INTERVIEW WITH ANDREI & NINO

In the vibrant world of Latin ballroom dance, Andrei Kozlovsky and Nino Dzneladze stand as a dynamic duo embodying the epitome of grace, skill, and passion. Representing America, this talented pair has captured the hearts of audiences worldwide with their electrifying performances, blending precise footwork with undeniable chemistry on the dance floor.

As they embark on their journey to showcase their finest talent on the international stage, Andrei and Nino's dedication to their craft, together with their unwavering commitment to excellence, serves as an inspiration to aspiring dancers everywhere.

It was our privilege to sit down with them for a chat, as they prepared for the 5th Brillante. Read on to learn about how they came together, who keeps them inspired, little known traits they have, and more!



We are very excited to welcome you both to Singapore for the first time! What are you looking forward to the most?

Andrei: Well, first of all, we love to be coming. We are looking forward to getting to know the people, the culture, and we're looking forward to sharing our art with all the people there.

Nino: Yeah, I agree. We are very excited and cannot wait to perform, to feel the crowd and just give them the best dancing we can!

Awesome! What can the crowd expect from your special performance?

Andrei: We're working on some new shows! There is going to be some interesting new music, some new songs and some...

Nino: intricate details...

Andrei: Yeah, some details that I hope everybody will like, because we're really working hard on them. We can't wait to share it with you.

Nino: It's gonna be just fire!

That's amazing, because our next question happens to be connected to what you just said! This year, our night event is themed Fire & Ice. We were just about to ask - when you dance, do you more often feel like you embody fire, or ice?

So... are you sticking to fire?

Nino: Well, that's what I said! (*laughs*)

Andrei: I guess it's a balance. If one feels fire, another has to be ice, so we're switching between one and the other.

Nino: Depends on the mood, you know?

Andrei: Depends on the day, yeah. There's gonna be some fire, there's gonna be some ice.

You have to come back to yourself and what you want – what your dancing is. You just have to focus on it and just go for it. Go on your own road.

Gotcha. Moving on to learning a little bit more about you both. Which would you say is your favourite dance to perform right now? I know it changes sometimes...

Nino: That's so hard, because it changes almost every day. Of course, I can say that for myself, I feel more connected to Rumba. It's always been my dance and it feels like, I *know* this dance. I just feel very connected to it. Yeah, but it also kind of changes as you practise everyday and grow...

Andrei: I always say that we have five kids - three girls and two boys. Cha Cha, Samba and Rumba are the girls and then Paso Doble and Jive are the boys, so we have five kids that we're constantly trying to evolve with and... to give them the best attention.

I love all the dances that we do, and sometimes I love just to see how they develop. Even when you leave one behind and you're spending more time on another to develop it, it's a process... and I personally love all of them equally.

Of course, we couldn't possibly ask you to choose between your children! Who would you say are some of your inspirations, both on and off the dance floor?

Andrei: My biggest inspiration is Nino Dzneladze.

Nino: Oh, come on! (*laughs*) Okay yeah, it probably sounds cheesy, but because we spend so much time with each other, we kind of feed off of each other.

I can say that yeah, my partner inspires me because, for example, what Andrei has... that dedication for work, that will, that strength and power... you look at it and you're like, whoa, I want to do the same thing!

You feed off of that. Yeah, I would say my inspiration is the man who stands in front of me every day...but you said me first! (*laughs*)

Andrei: Yeah, we are each other's biggest fans and I think this drives us a lot. A lot of things that we've done so far in our partnership, for most of it, it was just the two of us, so we're probably the most thankful to each other for where we are at this moment together.



How did you both come together?

Andrei: Oh, that's a story. Are you ready to write a book or an article? (*laughs*) Well, long story short, I was Nino's teacher, when she was 16. I was 23 and had just moved to LA. I went to this studio and I was this new teacher.

She was dancing with a boy her age. I started teaching them... but nobody knew her. She was tremendous already, but she was kind of sheltered from everybody.

I was trying to promote her and let people see her talent, and I was always hoping that she's gonna make it and the whole world is gonna know how good she is, which... has happened!

And then, eight years later, we started dancing together. There were a lot of other things along the way too.

Nino: Yeah, we have known each other for 10 years.

Andrei: Yeah, which like I said, is worth more than just an article. We have a long, long story and now, happily, we're together as a couple.

Nino: Finally.

Andrei: Finally, and we're married - we have a wedding this summer. We're extremely happy and of course, to dance together on top of that and fulfill our dreams on the floor together...we couldn't be more happy.

That's wonderful! Yes, we saw the video of your proposal on the plane...

Andrei: Oh yeah, that was a stressful day for me! (laughs)

It's lovely to hear you speak about each other, so while we're on the topic, Andrei, what is something that people might be surprised to know about Nino?

Andrei: Well, she's extremely shy, and she really likes to sleep.

Nino: Definitely a sleeper.

Andrei: Yeah she loves it, genuinely. And yes, she's very shy. Maybe you can't really tell on the dance floor, because she has this very extravagant and wild kind of look to her, but she's very, very shy and a very intimate person. She's like a little flower.

Nino: Yeah, that's what I am...

How about you, Nino? What is something people would be surprised to learn about Andrei?

Nino: You know, you see Andrei on the floor in this bubbly, free and carefree type of way, but you will be surprised at how disciplined he actually is.

If he has a goal, he is going to reach that goal. It's crazy to see how free-spirited he is on the floor, yet once when it gets to behind the scenes, he's on top of his game.

Andrei: Thank you, dear. You make me better in that department.

It's all about balance, isn't it? Like you mentioned before.

Nino: Yeah!

It is not advice in terms of a few magic words, but rather the way my teachers carried themselves, the way they can just look at you and inspire you

What would you say is the best piece of advice you have received as a dancer?

Andrei: It's difficult to point out one particular advice, honestly. I was fortunate enough to work with the greatest teachers the industry has ever had.

Even beyond industry, I had a lot of teachers from different styles, and it's probably not a single piece of advice that helped, but the teachers themselves.

Teachers who led by example, teachers who could motivate me with just their eyes, the way they stood, their posture, their energy, you know? There are so many people who have influenced me in different ways at certain times.

Like I said, it is not advice in terms of a few magic words, but rather the way my teachers carried themselves, the way they can just look at you and inspire you, you know? So yeah, I would say that.

Nino: There have definitely been many advices. My teacher, Donnie Burns, for example, always said, "Don't listen to too many people. Focus. It's like you're a mouse, focused on the cheese."

Yeah, so narrow your outlook. Look at that goal and just go for it. Don't listen to so many opinions. That helped me a lot.

You know, as a dancer, you hear so much, right? What this person thinks, what that person thinks. Sometimes, you lose yourself, and you go down these different roads.

You have to come back to yourself and what you want — what your dancing is. You just have to focus on it and just go for it. Go on your own road. That's all I can say.

Thank you so much! Has there been advice that people have given you that you later felt was... not actually good advice?

Nino: Fake it till you make it! I cannot fake it, I'm sorry! (laughs) It's all real. This face is going to tell you exactly what it's thinking, so for me, that advice was just a big no.

Andrei: Honestly, I can get maybe twenty bad advices in a day, and a single good one, and I'm happy with that.

Bad advice doesn't always mean a bad intention, right? Maybe people want to help, but only you know where you're at, in your career, in your day, in your preparation, and you just filter. You filter everything and...

Nino: Make your own decision.

Andrei: Yeah, I'll take the one good advice that will help me, out of twenty others. I'll take it any day.

While we're on the topic of advice, before this interview, we asked some of our dancers what they'd like to know more about. They mentioned that sometimes, we practice relentlessly, only to feel like we are not improving.

They wondered if professional dancers like you encounter similar problems, and if you have any advice on coming out of that stagnant place. Have you ever felt that way?

Andrei: Yeah, yeah. I think first of all, sometimes... don't practise? (*laughs*) If you feel like you're hitting a wall with your preparation, sometimes, just let it go, take a couple days off and come back. All of a sudden, you might feel that the things that didn't work out earlier, the things you practised again and again and again and didn't feel better about, you are now able to do.

Sometimes, letting go and coming back later lets you get that fresh outlook. You realise that those three days that you didn't practice, your body was actually digesting that. You were in fact getting better at it, as you were just resting. Sometimes there's a little bit of a delayed reaction to things.

Another thing to take a look at is approach. Maybe you should come and look at the situation from a different angle. Maybe you're just looking at it through your eyes, you know. Try asking your partner.

I always say that your partner should be your best coach because she's always there, she can always take a look and give you advice from her side. So maybe just change the way you look at situation. What do you think?

Nino: Yeah, I agree with that, going about it a different way, or you know...asking a teacher for help? I'm not too sure...

Andrei: For Nino, it's a difficult question to answer because everything always works out for her! (*laughs*) I'm kidding, I'm kidding...

Nino: Well, I think what you said, taking a break, would definitely help.

Andrei: Yeah, suddenly you look around like, "oh, now it works!"

Nino: Like a lightbulb moment, you get something. Yeah, I agree with you.

What else can we look forward to from both of you in the next year? Are there any goals or aspirations that you'd like to share with us?

Andrei: Well, we had a disappointing beginning of the year. We went to England for the UK open, but unfortunately Nino got sick and we couldn't dance.

We don't have that many competitions now, unfortunately, where different guys from different federations can all compete together, so it was kind of upsetting... but at the same time, it couldn't be more motivating. We are extremely fired up for this year.

Honestly, in terms of results, we're not going to give you any promises. It's not in our hands. But in terms of delivering good dancing, we can guarantee you that we're going take it to the next level.

Nino: Definitely. We're working on dancing all the time, improving our skills... because you want to impress, you want to touch people. So there are many aspects and many details that we will be working on.

Andrei: In December, it was a year since we had our first competition. I feel like this first year, we spent a lot on really learning each other, in different situations - on the practice floor, on the competition floor...

Nino: The first year was also very difficult because we were both coming out of long-term dancing relationships. It was so hard to start from the beginning, you know, after eight or ten years.

Andrei: Yeah, and you *have* to start from the beginning.

Nino: It was so hard to think of routines, for example. You want to get everything fast, but you can't get everything fast because it takes time, right? Everything comes with time. So yeah, for the first year, it was about gelling together.

Andrei: Yes, and being patient in going forward. We did not want to take a step back from competing, even though we knew that we couldn't get everything perfect. We had to settle, knowing that ahhh, we're not there yet!

Although we knew what else we could do, we had to go compete and get a different perspective on where we were at, and be patient with where we were in our preparation. I feel like we've gone through that path already. Now, we're in a different phase and just... super, super excited!

The words of encouragement that I have for all the dancers are that... our careers are short, compared to other artists, so enjoy. Enjoy your time on the floor because it cannot compare to anything else, and never will.



Andrei Kozlovsky (top) performing with Nino Dzneladze (bottom)

Thank you so much for sharing all these exciting details with us! We look forward to seeing what else is in store for you.

Final question before we wrap up - what words of encouragement do you have for our competitors at the 5th Brillante DanceSport Championship?

Andrei: Well, first of all, we are really looking forward to meeting the dancers and we want to wish everybody luck and success. We can't wait to see you.

The words of encouragement that I have for all the dancers are that... our careers are short, compared to other artists, so enjoy. Enjoy your time on the floor because it cannot compare to anything else, and never will. It's a very unique endeavor, what we are doing. Enjoy it, first of all, and give it your all.

Nino: Enjoy, but work hard!

Andrei: Yeah, enjoy but work hard. Just don't have any expectations from anyone except yourself.

Nino: What's that thing you like to say? Your expectations are your problems?

Andrei: Well, yeah, there are different ways to look at it, but just... expect everything from yourself, not from judges, or audience, or anybody else. Rely on yourself.

Nino: Right, work hard. All the success will come to you, whether it's sooner or later. Don't wait for it, you know? Narrow your focus and just go for the goal. That's it!

Wonderful, thank you so much once again for sitting down with us today, and sharing these amazing insights. We can't wait to see you in April!

5th Brillante

11 & 12 APRIL 2024

大會官方攝影

現場僅服務
預約拍攝

8000台幣 / **290**美金 / **2000**人民幣 / **380**新幣

二位攝影同時拍攝，保證30張以上，拍至本人賽事结束（預約以一个组别比賽為單位）





預約拍攝聯繫如下

dylansfoto@gmail.com

dabineeee@gmail.com



Pasha & Polina

By Archana Satheesh

A GLIMPSE INTO THE THOUGHTS OF THE HIGHLY SOUGHT-AFTER, PAVEL ZVYCHAYNYY AND POLINA TELESHOVA

INTERVIEW WITH PAVEL & POLINA







To put it simply, Pavel Zvychaynyy and Polina Teleshova are a force to be reckoned with. This year, they join the ranks of world class artistes performing at Brillante, gifting us the extraordinary opportunity to witness their style, grace and prowess on the dance floor.

Representing Hong Kong, this formidable pair continues to thrill spectators and fellow dancers around the world, never failing to bring out their unique essence and undeniable spark as they command the dance floor.

Before they returned to Singapore for yet another series of awe-inspiring show dances, we had the lucky opportunity to interview the talented duo, covering topics such as learning from dance, uncovering superpowers, harnessing comparison, and more!

Thank you so much for sitting down with us! The last time we saw you was during one of our online master classes during the pandemic, so it's nice to have a chat with you both now. First of all, we are thrilled to be welcoming you back to Singapore! What do you love most about performing here?

Pavel: First of all, big thanks to Mel and Sharon for inviting us and organising what we're sure is going to be a great event. We've heard a lot of good things about it and about the place, so we're looking forward very much to performing there.

Polina: I think what we like the most is the public there. Their warmth and you know, how much feedback we get from them; so we're really excited to perform in Singapore again.

Pavel: Singaporean people can be fanatic! They love dancing, and this of course gives us a lot of energy, excitement, and will to perform our hearts out.

Yes, everyone here is indeed looking forward to your upcoming performance with much excitement! If you were to give us a sneak peek of the show in three words, how would you describe it?

Pavel: I would say it's... style, energy and drama.

Interesting! Something new we are organising this year is our themed night event. This year's theme is Fire and Ice. When you dance, do you feel more often like fire or ice?

Polina: For myself, I always feel more fire, but here's the thing - in the same show dance, for example, we could be different. Pasha could be ice and I could be fire, or we could change. It could be a combination. We could both be fire, or we could both be ice. It depends on the idea that we have of the dance.

Pavel: The secret is in finding the perfect match, you know, like in life. Within each moment, you need to find the right measure of both fire and ice.

We will look forward to seeing both fire and ice on the 13th then! Now we are going to talk a little bit about inspirations. Who would you say is an inspiration to you both on and off the dance floor?

Pavel: I feel that music is the biggest inspiration. Music is what gives me the energy. It lets me imagine and dream. It gets me looking forward to and thinking about what to create with... your motions, your body, your partner and the public, altogether. A lot of inspiration also comes from dancers of different genres, like ballet, hip hop, contemporary dancing, flamenco dancing, all of that. I take inspiration from all of them, piece by piece, but overall, the music is what makes the movement makes sense.

Polina: I absolutely agree with Pasha that music tells us - I think - everything. It could change the mood of the dance and the character of our movements. I would not say that I have one person who has inspired me completely. I take my inspiration from different places, like from actresses in the cinemas, and watching ice skaters dancing on ice. When I look back throughout my career, usually the biggest inspiration is the person I see in the mirror every day, so it's myself.

Thank you, it's wonderful to hear the many sources of inspiration you both have! Now it's time for something fun that you have to answer about the other person. What would you say is your partner's superpower? Something that they are really good at.

Polina: I think Pasha's superpower is the confidence he has, both in himself, and in us, as a couple.

Pavel: Polina's superpower...very often I feel like she can see into the future. (*Polina laughs*) She knows how something is gonna work, and she can predict it - will this work out well, or not really? Every time it happens, I'm quite amazed that she can say something, and then in a week or two, or even months or a year later, it actually works or doesn't work, just like she said. It's quite cool!

Polina: But actually, he doesn't always like it when I tell him something like that! (*laughs*)



Pavel Zvychaynyy (top) performing with Polina Teleshova (bottom)

Polina's superpower...very often I feel like she can see into the future. She knows how something is gonna work, and she can predict it - will this work out well, or not really?

That is a really cool superpower though! Moving on, is there a motto or a quote that you keep coming back to?

Polina: It's nothing special for me. I always tell myself, before I step onto the dance floor, "Just go. Just do it. Just perform. Just enjoy, and just dance with your heart." That is it! That helps me a lot. They are simple words actually, that I just tell myself, but they always work.

For me personally, it is more important to be calm before I go on the floor to perform, than it is to tell myself something motivating, because I know I have enough motivation already. What is more important to me is just to stay calm, to be ready in my mind.

Pavel: For me, when I was 13 years old, I came across the saying, "when there is a will, there is a way." That saying has stayed with me all my life. You know, when I think about it, it makes sense to me. It gives me strength.

Amazing! Speaking of being younger, if you could go back to in time to meet your younger self who had just started dancing, what would you tell them?

Pavel: You know, my teacher used to say, and still says, "Never lose faith, and your love for dancing". Do not go into things like politics and be affected by who said what, and the opinions of others. You need to actually, truly, feel the love for the dance. Yeah, this I would say again and again and again, to not just my younger self, but to my older self, to anybody who needs support.

Polina: I would say to young Polina, "Just follow your heart all the way, and be strong, because you will not just have positive moments always. You could also have some downs, but always believe in yourself and follow your heart. Do whatever you will do, but with love. So do everything with your heart."

That's wonderful, thank you so much! Even now, as professional dancers, I'm sure that dance continues to teach you new things about yourself. What would you say is something that you learnt about yourself through dance?

Pavel: I think every day we learn something about ourselves, not only in dancing, but through the things that happen in life as well. Of course, in dance, there are a lot of things to learn. Something personal to me has always been patience. As a young boy, I was like, "I want something, and I want it now." There was no way to wait and to, you know, be patient or have time. Dancing helped me a lot to recognise and change that, and take it into control.

Polina: I continue to be impressed by how strong our body and mind can be. Especially in these past two years, I was just wowed. The other important thing I learnt is to never limit development. You could dance for 30 years and still have improving to do. Even if it is something mechanical or something to do with technical fundamental skills, we could still improve. It doesn't matter at which level you are, and this is actually great because you can see the way, and follow it.

As an artist or a sportsperson or a professional, it is important to keep that inspiration, to not lose motivation and say, "Okay, we achieve this, and then we will stop." No, we still have something at the end of that achievement that we could follow and continue developing. That's how I feel.

I'm always taking comparison as a positive thing that I can use to keep developing. It can be something that drives you, instead of something that stops you.

Thank you for sharing! In such a competitive space like DanceSport, it can be very easy to get demoralised when you compare yourself with others, be they your seniors or even people your own age. In your dance career, have you ever been affected by that kind of comparison? Or do you have any advice for how to come out of that place?

Pavel: Good question. I think especially in our dancing industry, a huge part of it is comparison. It is. When the judge is watching, they're choosing between you and someone else, all the time. I don't think there's a need to fight against it.

You need to take it, to understand it, but not perceive it negatively, like, "Oh no, he's comparing me." No, he will compare you. It will never be different, so take the comparison positively and say, "Okay, what can I do better? What am I better at? What do I need to develop?"

And then develop it to a scale where others can be compared to you as a benchmark, where people would want to be compared to you. That is how it works. If you take the negative route of thinking instead, you'll block yourself, and that's not good.

Polina: Yes, but have you ever compared yourself with other participants?

Pavel: I've been educated to watch others, but not with a bad attitude. To say, okay, if this couple is in front, they must be doing something well.

To actually see the good points. And then compare it to yourself and ask - are you that sleek, or that musical, or that strong? There are so many things that you can be good or better at, so I'm always taking comparison as a positive thing that I can use to keep developing.

It can be something that drives you, instead of something that stops you.

Polina: From my side, I have always tried not to compare my dancing with others', because when you start thinking in this kind of way, you start to lose your energy in this direction, when you could be using it for your own development. The only person I always compare myself with is me, from yesterday.

But like Pasha said, we're absolutely respectful of other competitors, when we are watching each other. We can watch something and say, "wow, that was great!" but that doesn't mean that I would like to do the same, you know, because the originals are always gonna do it better than the copy.

You have to create something special from your side, not just copy and analyse others to try and be the same. No, because, like Pasha said, we are artists. Art is something special, something individual and unique. So we need to be unique, all of us. That uniqueness can be found by creating something special, from your heart.



Art is something special, something individual and unique. So we need to be unique, all of us. That uniqueness can be found by creating something special, from your heart.

Wonderful! Our last question is for all of our competitors who are going to be there on 13th April. Do you have any words of encouragement and support for them?

Pavel: Well, you know, as for every performance and for every competition, as it's approaching, there should be a good, structured way of getting ready for that date. And when it's closer, just let it go and actually... see your partner, see the people - not just watch them - but actually see it, actually hear it, actually feel it. This makes a huge impact on the performance, both for the dancers and for the people watching. So be as real and as close as possible.

Polina: And also listen to the music!

Awesome, thank you so much! We're looking forward to hosting you soon!

Pavel: We're looking forward to the date too. Really excited to see all of you, the people and the energy, for sure. We're sure it's going to be very special and memorable, and we're very happy for Mel, Sharon and the whole team working on it. We can imagine how much effort they're putting into it to make it a reality. So yeah, we love to support it!

Thank you! Yes, we are all working hard on it! Once again, we appreciate your time today, and we'll see you soon!

5th Brillante

11 & 12 APRIL 2024



Authorized Official Photographer

CUSTOMER BY RESERVATION ONLY

8000TWD / 290USD / 2000RMB / 380SGD

With 2 photographers at different angle, the photo shooting will follow until the end of couple's last dance. The couple will be present more than 30 images by photographer.





Event Reservation Hotline

dylansfoto@gmail.com

dabineeee@gmail.com

GREENBAY
marine
绿湾船舶有限公司

ONE-STOP, VALUE-ADDED VESSEL PROCUREMENT SOLUTION – WHATEVER THE VESSEL TYPE

GREENBAY MARINE is a fully integrated marine group providing a wide range of new build vessels, as well as design and engineering solutions to serve offshore/harbour terminal, military coast guard, high speed ferries, crew boats, luxury yacht and logistics services in the marine industry.

Established in 1980, Greenbay has developed as one of Singapore's most innovative and versatile marine companies providing both quality and value, with more than 400 vessels delivered worldwide to date.





Business Scope

New Vessel Construction | Chartering/Offshore Support Services | Consultant | Naval Architect | Project Management | Sale and Purchase |













GREENBAY MARINE GROUP
T +65 68614178 | F +65 68618109
E greenbay@greenbay.com.sg
W www.greenbay.com.sg

De Rocks
SINCE 1981

Diamond professionals specializing in engagement rings, wedding bands, jewellery restoration, and ready-made jewellery.
Loose diamonds, precious and semi precious gemstones available.



OUR PROMISE

- Upgrade/exchange policy of diamond bought from us with certificates only from 0.30ct - 2.99ct
- At any time, return your diamond bought from us and receive 80% cash back. (after deduction of GST)
- 1st upgrade receive 100% of your original purchase price and just pay the difference.

FOLLOW, LIKE & SHARE

@DEROCKSSG

VISIT US & ENQUIRE NOW

WWW.DEROCKS.COM.SG INFO@DEROCKS.COM.SG


5th Brillante
INTERNATIONAL DANCESPORT CHAMPIONSHIP
WWW.BRILLANTE-INTERNATIONAL.COM